

Karis Bongiolatti

Bantam, CT 06750
kbonji623@gmail.com

Tel: (860) - 491 - 5908
<https://bongiolattik9.wixsite.com/my-site-3>

Professional Background

Education:

BS. in K-12 Dance Education 2025
Central Connecticut State University, New Britain, CT
School of Health and Rehabilitation Sciences

Certification:

Initial CT Educator Certificate 2025-Present
Dance, Grades Pre-K through 12, (483)

Work Experience

Assistant Teacher 2015-2021
Sparkle and Shine Dance, Litchfield, CT
Assisted students from the ages of 2 to 18 years old. Toddler Twirl or Toddler Tumble classes, as well as different level classes. Ex. Jazz 1, Jazz 2, and Jazz 3. Assisted all genres that Sparkle and Shine offered, jazz, ballet, lyrical, contemporary, tap, acrobatics, and hip-hop.

Recreational and Competitive Teacher 2021-Present
Sparkle and Shine Dance, Litchfield, CT
In January of 2021, I was offered the first "Student Teacher Internship" at Sparkle and Shine Dance. Since then, I have become a full-time teacher and coach for the SASD Competition Team. I teach jazz 1, jazz 2, hip-hop 1, kinder twirl, and toddler twirl all being recreational classes. For competition I have had the opportunity to choreograph several solos, duets, and trios. Along with group dances, in the Lyrical and Jazz styles.

Recreational and Competitive Teacher 2022-2025
Deborah's Dance Workshop, Torrington, CT
Teach recreational Pre-Hip-Hop classes. As well as choreograph a teen contemporary solo and a young contemporary group routine for competition.

Line Dance Instructor 2024-Present
Premiere Entertainment
Teach line dancing to a variety of ages at different venues and weddings.

Line Dance Instructor, and Co-Owner 2024-Present
Rhinestone Cowgirls Line Dancing
Co-owner and founder of a line dancing company that provides dance lessons at private parties, for all ages and skill levels.

Professional Experience

Classroom Experience:

Fieldwork: 2023
Waterbury Arts Magnet School, Waterbury, CT
Assisted my cooperative teacher, Dea Illian, throughout her lessons.

Fieldwork: 2024
Cooperative Arts & Humanities High School, New Haven, CT.
Observed my cooperative teacher, Lindsey Bauer in her 9-12 dance classroom. Lead a warmup in multiple classes.

Student Teaching: 2025
Waterbury Arts Magnet School, Waterbury, CT
Observed and assisted my cooperative teacher, Dea Illian, throughout her lessons. Took over classes, entered grades, offered corrections, choreographed and assisted production for the showcase.

Long Term Substituting: Feb-Present
Waterbury Arts Magnet School, Waterbury, CT
Create lessons, grade student work, set classroom expectations, create a safe, comfortable and inviting learning environment. Inspire students to set and reach goals. Choreographed and assisted production for the showcase.

Fellowships & Awards

National Art Honor Society 2020
Litchfield High School

National Honor Society of Dance Arts 2022
Central Connecticut State University

Demetra Daniel Perrelli Scholarship 2023
Central Connecticut State University

Major of the Year – SHAPE America 2023
Central Connecticut State University

Connecticut Choreography Award 2026
Dance Champs Elite

Professional Memberships

National Academy of Health and Physical Literacy (NAHPL) March 2023-Present

National Honor Society of Dance Arts (NHSDA) May 2022-Present

